

Nut Free Policy

Goldsmiths College Nursery is a nut free nursery, this means that no food products containing nuts are brought into the building.

It is recommended that children under three years old do not eat nuts as they can pose a choking risk. Our nut free policy also aims to minimise the risk to any child who may have a nut allergy coming into contact with a food product that could potentially be very harmful to them.

We realise that many pre-packaged foods are labelled “**may contain traces of nuts / cannot guarantee nut free**”, which are very difficult to avoid. Providing that nuts are not a listed ingredient; **these products will be permitted unless a child within the room has a known nut allergy.**

As part of our policy we will:

- Communicate this with all parents during their induction to the nursery
- Ensure that any nursery cooking activities do not involve nuts
- Check ingredients lists of any new products provided by parents in children's tea baskets
- Ask for ingredients lists where homemade cakes are brought in (for example for bake sales)
- Remind parents periodically of this policy